

ZONE190

Welcome!

Inside are important safety and installation instructions for your Zone190. Be safe, and have fun!




WARNING

Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

Table of Contents

Warning! Whenever you see this red symbol, it's important, so please read carefully!

<i>Section</i>	<i>Page</i>
Table of Contents	2
About The Zone190	3
 Safety Instructions	4
Parts	5
Assembly Basics	6
Assembly	
1. Attach Ends	7
2. Add Outer Ring	8
3. Attach the Legs	10
4. Attach Connector	11
5. Pins (for Springs)	12
6. Hang the Springs	13
7. Connect the Net	14
8. Final Touches	15
Need Help?	16
Reminder	17



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

About the Zone190

Welcome to Zone190, the revolutionary basketball training system developed by former pro hoopster Tamir Goodman.

Zone190 can improve your basketball skills by helping you obtain superb body positioning, expert footwork, a well-developed skill-set, and the confidence to make the right move regardless of where you find yourself on the basketball court.

The 190-degree coverage area of Zone190 helps players refine core skills in game-like situations; players have used Zone190 to cut their assist-to-turnover ratio, improve their post moves, and perfect their ability to collect a bullet pass, stop on a dime, and hit a contested shot.

Among the ways you can use Zone190:

- Practice the "catch-and-shoot"
- Practice coming off a v-cuts and down-screens to hit a jump shot
- Practice shooting off the dribble
- Practice coming off the pick-n-roll
- Practice pull-up jump shots
- Practice ball-handling skills
- And many more!

Visit <http://www.zone190.com/videos> for examples and drills, and have fun!



Zone190 Inventor
Tamir Goodman,
who was dubbed
"The Jewish
Jordan" By Sports
Illustrated.



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

Safety Instructions

When you purchased your Zone190, you agreed to certain Terms and Conditions. Please refer to www.zone190.com/terms if you need to get reacquainted with our Terms and Conditions.



Failure to follow these instructions could result in personal injury, death, or damage to your Zone190. The owner of the Zone190 is solely responsible for ensuring all players know and follow these instructions.

NORMAL & INTENDED USE!

- Bouncing a basketball on the Zone190 is its sole and intended use!
- Do not throw any item on the Zone190, other than a regulation basketball.

THE ZONE190 IS NOT A TRAMPOLINE!

- Do not step, jump, walk, or bounce on or over the Zone190
- The Zone190 will NOT bear the weight of a human being.
- Do not stand on the Zone190
- Do not step or jump too closely to the frame.

THE ZONE190 IS NOT A TOY!

- Keep away from children. Zone190 pieces are choking hazards!
- Keep infants, toddlers, children and pets away from the Zone190
- Do not let anyone play on, under, or even near the Zone190.

ALWAYS BE SAFE

- Check the Zone190 before each use for instability, loose hardware, excessive wear, corrosion, rust, or other damage or usability problems.
- Keep your distance from the Zone190 frame to avoid twisted ankles or other injuries. Do not fall on or trip over the frame
- The Zone190 is an individual training device. Not intended for games or competitive play.
- Take care of your Zone190! Keep it inside and out of the rain and snow.



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

Parts

The following parts are included in your Zone190 box. Please confirm that all parts are present.

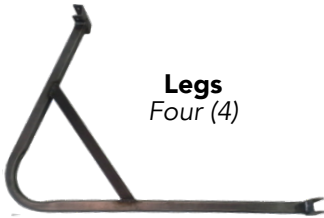
If you have any questions or if any pieces are damaged or missing, please contact us immediately and we'll assist you as quickly as possible: 855-ZONE190 or help@zone190.com



Inner Ring
One (1)



Outer Rings
Two (2)



Legs
Four (4)



Ends
Two (2)



Defensive "Hands"
Two (2)



Shot Blocker
One (1)



Net Assembly Tool
One (1)



Netting
One (1)



1/4-20 x 1 1/2 Carriage Bolts, Washers and Nuts
Thirty-six (36)



Connector or "Center Bracket"
Two pieces (2)



Pole Retainer Bracket
One (1)



1/4" Clevis Pin
Twenty-nine (29)



Springs
Thirty-three (33)



Adjustable Non-Skid Feet
Six (6)



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

Assembly Basics

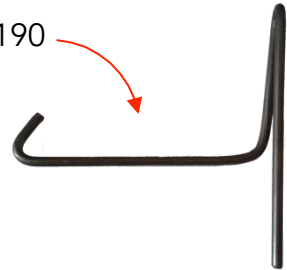
Step-by-step videos of the assembly process can be viewed at <http://www.zone190.com/help>

WHERE TO ASSEMBLE

- Find a large flat ground surface to work (i.e., driveway)
- Materials may scratch floor, so select location carefully, and consider working on a blanket or rug!

REQUIRED TOOLS

- Net Assembly Tool (included with your Zone190)
- Wrench



VIDEOS

Step-by-step assembly videos and helpful tips are available at <http://www.zone190.com/help>

MISSING OR DAMAGED?

We apologize profusely if any of your pieces are missing or damaged. We're here to help! Please contact us immediately and we'll assist you as quickly as possible: 855-ZONE190 or help@zone190.com.



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

1. Attach the Ends

Step-by-step videos of the assembly process can be viewed at <http://www.zone190.com/help>

Attach the Ends to the Inner Ring with four bolts, washer and nuts.



Hand-tighten only! Do not use a wrench!



Notice that the Ends are attached to the Inner ring in each location with four bolts, washers and nuts, in a crossing fashion.



When completed with this step, your Inner ring should lay flat on the ground, and the two Ends should extend up and out, as pictured at right.



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

2. Add Outer Ring

Step-by-step videos of the assembly process can be viewed at <http://www.zone190.com/help>

Use one of the legs to prop up the outer ring, and place it into the corner of one of the Ends. In the photo at right, you can see how a leg (left side of the picture) is being used to support the Outer Ring.



Again, hand tighten only! Do not tighten with wrench yet!



As with the Inner Ring, use four bolts, washers and screws; two are inserted from the top, and two from the back (as pictured at right).



The ones from the back need to be screwed in to fit properly



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

Repeat the process for the second Outer Ring. Use a leg to support the Outer Ring, and place it into the corner of the other End.



As with prior steps, you will be hand-tightening only.



Once again, use four bolts, washers and nuts to attach the Outer Ring to the End; two are inserted from the top, and two from the back



The ones from the back need to be screwed in to fit properly



At this stage, your Inner Ring should be attached to the Outer Rings via the Ends, and we are ready to attach the Legs!



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

3. Attach the Legs

Step-by-step videos of the assembly process can be viewed at <http://www.zone190.com/help>

First, line up with Legs with the Inner Ring, as pictured at right.



Once the bottom of the Legs are aligned with the Inner Ring (above), rotate the top into place, as shown at right.



Hand tighten the using four bolts, washers and nuts (two at the top of the Leg connected to the Outer Ring, and two at the bottom of the Leg connected to the Inner Ring).



Hand tighten only, and repeat for all legs!



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

4. Attach Connector

Step-by-step videos of the assembly process can be viewed at <http://www.zone190.com/help>

Once all Legs are attached, you can connect the two Outer Rings with your Connector.

Align it at the back of the Zone190, where the two Outer Rings meet, with the big hole facing outside the device.



Insert the Pole Retainer Bracket so the hole lines up with top and bottom holes in Connector.

Drop four bolts through the top, and then slip in the longer bracket underneath, with the "tail" facing the back of the Zone190, as shown.



Hand tighten with four washers and nuts.



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

5. Pins (for Springs)

Step-by-step videos of the assembly process can be viewed at <http://www.zone190.com/help>

At this point, your Zone190 frame should be completely built, as pictured at right. But all nuts have only been hand-tightened



Go back and tighten all nuts with a wrench!

Find the small holes throughout the frame at the back of the frame and Ends.

On the Outer Ring and Ends, insert the Clevis Pins from the "outside in" as pictured at right. The Pins will extend into the center of the frame.



On the Inner Ring, at the bottom of the Zone190, the Clevis Pins should also point "in" toward the inside of the frame.



The springs fit directly into the holes in the *four corners* of the Zone190 WITHOUT Clevis Pins.



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

6. Hang the Springs

Step-by-step videos of the assembly process can be viewed at <http://www.zone190.com/help>

Once all the Clevis Pins are inserted, attach a spring to the hole on the inside of each pin.



The springs fit directly into the holes in the *four corners* of the Zone190 **WITHOUT** Clevis Pins.



Repeat the process for every Pin, making sure there is a spring hanging from each one.

When you are finished, the springs should be “hanging” all around the inside of the frame, as pictured at right.



Springs should also be hanging from Clevis Pins at the center of the Ends, and resting on the floor from the Inner Ring (as pictured at right).



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

7. Connect the Net

Step-by-step videos of the assembly process can be viewed at <http://www.zone190.com/help>

Lay the net flat inside the frame so it is aligned properly.

Use the Net Assembly Tool to pull each spring, and insert the end of the spring through the loop in the net.

Details are below:



A. Grab a spring in one hand and the Net Assembly tool in your other hand.



B. Hook the Net Assembly Tool through the loose end of the spring.



C. Pull with the Net Assembly Tool to stretch the spring toward the net.



C. Hook the loose end of the spring through the metal triangle on the net.



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

8. Final Touches

Step-by-step videos of the assembly process can be viewed at <http://www.zone190.com/help>

DEFENSIVE HANDS

Screw on the two defensive hands, which are located at the front corners of the Zone190. Hands should face down to ensure users don't get poked in the eye!

SHOT BLOCKER

Place the shot blocker pole into the Connector of the frame and adjust as necessary.

NON-SKID FEET

Screw the adjustable non-skid feet onto the bottom of the Zone190, and adjust them so the device rests flat on the ground. Non-skid feet are placed at the corner of the base, and at the rounded end of each Leg, as at right



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

Need Help?

If you encounter problems or have questions, we are always available to help. Contact us at:

ASSEMBLY VIDEOS

Step-by-step videos that demonstrate how to assemble the Zone190 are available at:

<http://www.zone190.com/help>

TOLL-FREE NUMBER

If your Zone190 comes damaged or missing pieces, please contact us immediately at:

(216) 288-7219

EMAIL

We can provide assistance, guidance, and even helpful instructions if you contact us via email:

help@zone190.com

EXAMPLES

As noted earlier, extensive videos of exercises and drills that can be done using the Zone190 can be found at:

<http://www.zone190.com/videos>



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.

Have Fun!



And please don't forget the important instructions that we outlined earlier...

NORMAL & INTENDED USE!

- Bouncing a basketball on the Zone190 is its sole and intended use!
- Do not throw any item on the Zone190, other than a regulation basketball.

THE ZONE190 IS NOT A TRAMPOLINE!

- Do not step, jump, walk, or bounce on or over the Zone190
- The Zone190 will NOT bear the weight of a human being.
- Do not stand on the Zone190
- Do not step or jump too closely to the frame.

THE ZONE190 IS NOT A TOY!

- Keep away from children. Zone190 pieces are choking hazards!
- Keep infants, toddlers, children and pets away from the Zone190
- Do not let anyone play on, under, or even near the Zone190.

ALWAYS BE SAFE

- Check the Zone190 before each use for instability, loose hardware, excessive wear, corrosion, rust, or other damage or usability problems.
- Keep your distance from the Zone190 frame to avoid twisted ankles or other injuries. Do not fall on or trip over the frame
- The Zone190 is an individual training device. Not intended for games or competitive play.
- Take care of your Zone190! Keep it inside and out of the rain and snow.



WARNING: Read and understand these assembly instructions before using the Zone190. Failure to follow these instructions could result in personal injury or damage to your new Zone190 device.